



BELOVED SPIRIT

ANSWERS TO THE MOST FREQUENTLY ASKED QUESTIONS ABOUT **THERMAL FAR-INFRARED** MASSAGE BED SYSTEM

How does the Thermal bed work?

Migun's thermal bed boosts your body's natural ability for healing by combining massage, chiropractic theory, acupressure and acupuncture effect with far infrared heat. Your white blood cell count, circulation, nerve function and metabolism are dramatically enhanced. The stimulation of tissues, nerves, and muscles encourage better blood circulation which can result in lowering high blood pressure and high cholesterol as well as helping to relieve sore muscle and minor joint pain caused by chronic back pain, arthritis, joint injury or overall body fatigue. 30 minutes on this Thermal bed is similar to an hour of jogging. It stimulates the tissues and nerves around the acupressure points, "awakening" the muscles that are usually not exercised. It also provides therapeutic heat deep into the tissues, resulting in overall better blood circulation.

How Often can I use the Thermal Bed System?

As often as you want. For serious medical conditions such as cancer, Migun recommends as many as seven treatments a day. Any time spent on the Thermal treatment bed is of benefit to your overall health and well being.

Do I need to wear special clothing?

Cotton is the best, most comfortable fabric to wear during a thermal treatment. Synthetic fabrics do not conduct far infrared heat as well as natural fabrics. This does not mean that you do not benefit from the treatment no matter what fabric you are wearing; however, cotton is just the most optimum fabric conductor.

What is Far Infra-red (FIR) heat?

Also known as radiant heat, far infrared is a form of energy that heats objects through a process called "conversion" without having to heat the air in between. Our sun is the principal source of radiant energy, which is why our bodies respond so well to far infrared heat. It is the life force from which our bodies were made. Far Infra-red promotes healing by raising our white blood cell count, dilating the blood vessels, and stimulating the circulatory and nervous systems to function more effectively. To use a car analogy: FIR jump starts your battery and gives you a tune-up. It also cleans the gunk out of your hoses and lines.

Why does the Migun brand Thermal treatment bed use probes instead of rollers?

Because the patented probe system delivers far infrared heat into the body in a more precise and effective way than the roller system. The heat penetrates the body at an approx. depth of 1-1/2 inches to deeply impact the overall effectiveness of how the physical body functions. With this thermal treatment, you are getting much more than a table roller massage.

What does the Jade in the Jade probes do and why Jade?

For thousands of years, Jade has been known as a mysterious healing stone in Oriental Medicine. In the past, the Chinese and Korean royal families treasured it for its miraculous effects on the human body. When heated, jade emits negative ions that are essential for the body's natural anti-aging system. Many believe that jade has certain healing properties in and of itself, especially regarding the heart, kidneys and emotional blockages.

With this valuable understanding in mind, the Migun Thermal system features jade massage heads that enclose the helium gas bulbs producing a very high quality of far infrared heat. It is a successful technological blending of the best East and West therapeutic knowledge.

Sometimes my body aches after a treatment. Why does this happen?

You are having a healing reaction. This is good news! In other words, your body is responding to the dramatic detoxification effects of the Thermal treatment. Toxins, once settled in various parts of your body, are now circulating throughout your body looking for a point of exit. Toxins are typically expelled through urine, sweat, and fecal matter. They may even be expelled through the pores of your skin, causing a temporary rash, especially in the groin and underarm areas.

Are there any side effects with the Thermal bed?

No. There are no side effects because far infrared heat doesn't damage the body. However, you may experience a healing reaction such as those described above. Side effects are caused by toxic drugs damaging the body, especially the liver. In contrast, healing reactions are an expression of the body ridding itself of toxins.

Are there any conditions that would prohibit use of the Migun Thermal bed?

Yes. If you have had an organ transplant or certain types of back surgery you should not use the bed. Also, if you are pregnant or have a pacemaker.

How much does a session cost?

The cost of a 30 to 35 minute session is \$30.00.

Save \$30.00 by purchasing a Thermal Massage Bed "5 session Punch Card" for \$120.00 – that equals one full session FREE!