

Brennan Healing Science®

Brennan Healing Sciences® is a Mind-Body-Spirit modality that supports healing and balancing on the mental, physical, emotional and spiritual levels. Brennan Healing Sciences® offers help with relationship issues, physical ailments, general life stress, and much more.

Dr. Barbara Brennan is a world –renowned spiritual leader, healer and educator. She has been a pioneer and innovator in the field of energy consciences. Dr. Brennan is a former NASA physicist who has studied the Human Energy Field for more than 30 years, and holds a Bachelor of Science in Physics, a Master of Science in Atmospheric Physics, and a Doctorate of Philosophy in Energy Medicine and a Doctorate of Theology in Healing.

Her best selling books – Hands of Light and Light Emerging establish the scientific foundation and practices in the field of complementary medicine. These books are a must-read for anyone wishing to understand the process of healing through the Human Energy Consciousness System and its relationship to optimum health. This holistic work merges High Sense Perception skills with hands-on energy healing techniques to assist individuals with their own personal process of healing.

In 1992, the Barbara Brennan School of healing (BBSH) was founded and is a specialized college for the study of energy healing and personal transformation. Students may earn a Bachelor of Science Degree or a Diploma in Brennan Healing Sciences®. Only those individuals successfully completing the accredited program can call themselves Brennan Healing Science Practitioners.

Why is this so important?

An independent study has shown that Brennan Healing Sciences Practitioners were significantly more effective in the treatment of disease when compared with other healing practices such as Reiki. There are many reasons for this: one is that Barbara Brennan is an extremely powerful and gifted healer and channel for these energies; second, is the structure of the 4 and 5 year programs offer by BBSH. These programs are designed to facilitate the personal transformation of the healers and to remove blocks or distortions within their energy system in order to become a clearer channel for healing energy.

What should I expect?

In a Brennan Healing Science® session, there is more interaction between the healing facilitator and the client. These sessions are a combination of discussion along with specific healing techniques that are performed based on the healer's assessment of the clients energy system. The healing techniques focus on many layers of an issue or situation the client has gained awareness with and with which they have the intention

to transform. The healing techniques also address energy blocks and mis-alignments relating to issues that the client is not aware of and which may be contributing to the situation in a sub-conscious way.

Typically these sessions are repeated as a client's new awareness's and transforming shifts occur. The sessions can be very deep and life transforming. It is a part of a wonderful journey of discovering and acquiring new parts of yourself. Clients typically report feelings of very deep relaxation within themselves and enjoy a refreshed, relaxed and balanced system afterward. This process can continue well after the session ends and again, rest and water is a great way to support the healing process.

Additional Brennan Healing Sciences® Resources:

Brennan Healing Sciences®: <http://www.barbarabrennan.com>

WikiPedia: http://en.wikipedia.org/wiki/Barbara_Brennan